

Costa Rica



Boarders: Nicaragua, North; Panama, South; Caribbean Sea, East; Pacific Ocean, West **7 provinces:** San Jose, Heredia, Alajuela, Cartago, Limon, Puntarenas and Guanacaste. **Cell Phones:** Go to your smart phone's settings and **turn Data Service off**. Exorbitant fees can be incurred outside of the U.S. when content is downloaded onto your phone without notification or consent. **Pack:** Swimsuit, light clothing, t-shirts and dresses (restaurants and clubs in Jacó Beach are casual), flip flops, sandals and tennis shoes (required on some tours); insect repellent, sunscreen, sunglasses, beach towels, a hat and camera. **Voltage** is 120 V and the electrical outlets are Type A electrical plugs OR flat blade attachment plug that

uses two flat parallel pins or blades (same as in North America).

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1. Pura Vida

“Pura vida” is a Costa Rican idiom that literally means pure life; however, the real meaning is closer to ‘plenty of life,’ ‘full of life,’ ‘this is living!,’ ‘going great,’ or ‘real living.’ It’s often used as a greeting, a farewell, a way of giving thanks or [a personal favorite] to express that things are going well (read: a directive ‘chill out!’)

Costa Rica has a great variety of microclimates which tourists, in short distance and time, can feel different ecological physical factors such as such as water, temperature, wind, sunlight, rainfall, humidity, water current, etc. Hopefully you’ll have some time for an adventure such as zip lining, a trip to the rainforest, a cloud forest, white water rafting or zip lining in a rainforest!

2. Visa

Visitors holding passports from USA, Canada and most European countries are permitted to enter Costa Rica without a visa. There is a departure tax of US\$29.00 for all visitors, payable in US Dollars, colones or by credit card.

3. Time Difference

The current time in Costa Rica is...

2 hours earlier than Eastern Standard Time

1 hour later than Pacific Standard Time

4. Currency

The Costa Rican currency is called colon.

\$1 U.S. dollar equals 541.75 Costa Rican colons; conversely, 1 Costa Rican colon equals... nothing (or .0018 cent).

US dollars and major credit cards are widely accepted.

5. Weather

FORECAST IN HERADURA

There are only two seasons in Costa Rica: the rainy season (from May to November) and the dry season (October-June).

100 day forecast: there is basically an 80 to 100 percent chance of rain every day until December.

Highlights and tips re. CR’s **Rainy** Green Season

- Green season is so named because the landscape everywhere turns lush, verdant and colorful
- Turtle season: sea turtles come to nest on both coasts during this period
- Mornings are almost always clear and sunny; rain usually falls for a few hours in the afternoon or at night
- Rain makes the rivers full and whitewater rafting is at its best
- Stay hydrated and lathered in sun screen; bottled water is recommended

- Anticipate the weather clearing up in the evening and wake up early to enjoy clear mornings
- **BE CAREFUL** when swimming in both Jacó Beach and Playa Hermosa as mercurial water conditions can become dangerous.
- Rain or shine, PURA VIDA!

6. Local Area

Herradura is the fishing capital of Costa Rica, and just north of Jacó in the Puntarenas province of the Central Pacific region coast:

- Home to **Los Suenos Resort and Marina**, which boasts the largest fleet of big game sport fishing charters in the country
- Home to **Zephyr Palace** and Villa Caletas
- Growing reputation for good surfing and a favorite among visitors
- In Spanish, Herradura means "horseshoe," which refers to its bay shaped beach. It has calmer waters than surrounding beaches, and therefore safer swimming conditions.
- Nearby Carara National Park is popular among nature enthusiasts with its famous crocodiles in the Tarcoles River; mangroves with birds such as toucans, macaws and herons; and trails in with an abundance of wildlife and impressive flora.

Jacó is 3.5 miles south of Herradura, and an internationally recognized surf town and destination.

- Playa Jacó is a 2.5 mile strip of the closest beach to San Jose, and is one of the most visited coastal destinations in Costa Rica.
- Activities: world renowned surfing, swimming, deep sea fishing, ATV tours, bicycle rentals, horseback excursions, crocodile safari, national parks and reserves, boat and kayak excursions, white-water rafting, canopy tours and popular night life, shops, hotels and restaurants

- Most metropolitan services such as a post office, health center and branches of major banks
- Playa Hermosa, a quieter 6 mile (10 km) section of black sand beach, where the International Quicksilver Championships are held every year in August
- Playa Hermosa Wildlife Refuge (Refugio Nacional de Vida Silvestre Playa Hermosa), the beach of choice for the Olive Ridley sea turtles that come ashore to nest every year.
- View wildlife at the Carara Biological Reserve (Reserva Biologica Carara), located just 9.3 miles (15 km) north of Jacó. Early morning or around sunset is often the best time to catch a glimpse of the scarlet macaws that rest among the mangroves. You may also see caiman, white-faced monkeys, peccaries, coatimundis and a wide variety of birds. The park opens at 7 am and closes at 5 pm. The entrance fee is \$6.
- The Tarcoles River (RioTarcoles), which borders the park and flows into the Pacific Ocean, is an amazing place to witness the American crocodile close up. Boat tours are available to see the crocodiles, many of which grow to be several meters in length.
- Manuel Antonio National Park is 43 miles south of Jacó.
- **BE CAREFUL:** While Herradura is more tranquil and removed, there are concerns in Jacó about drugs, crime and prostitution. Being aware of your surroundings and using common sense should help you to avoid any undesirable situations.

7. Hotel

CR Luxury Villas, Los Suenos Resort

Phone: 1-866-525-2188

Los Suenos Marriott Ocean and Golf Resort

Phone Number: 1-855-297-1426

Address (for both): 800 mts West from Herradura Entrance | Playa Herradura, Central Pacific, Herradura 5024005 Costa Rica

Location: Costa Rica > Province of Puntarenas > Herradura

Getting in from the airport

Shuttle CR Luxury is offering shuttle services between SJO and Los Suenos Resort villas or Marriott for a flat rate of \$120 for up to 6 passengers.

Send your flight information to Pedro@crluxury.com and he will group wedding guests arriving within an hour of one another. No need to book until group has been formed.

Phone: 1-866-525-2188

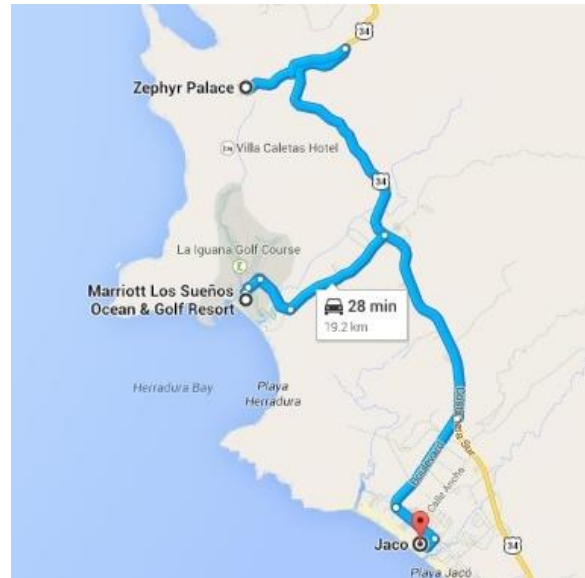
The drive from SJO to Los Suenos is approximately 1 hour and 20 minutes.

8. Ceremony

Address: Garabito, Herradura de Jacó, Jacó 12358-1000, Costa Rica

Location: Costa Rica > Province of Puntarenas > Playa Herradura

Phone: +506 2637 0505



Estimated travel times by car, without traffic

Los Suenos Resort to Zephyr Palace	9.6 km; 15 min
Los Suenos Resort to Jacó	9.5 km; 15 min
Jacó to Zephyr Palace	12.7 km; 20 min

"It is easy but there are no road signs. I would recommend taking a shuttle to Los Suenos and then renting the car in the Jacó Beach area as you need it. Taxis are inexpensive and you can get around without a car. All of the tours provide transportation. If you really need a car for your whole trip I would still rent it in the Jacó area and then drop it off at the airport."

-Trip Advisor traveler review

9. Phone Numbers

CR Luxury Villas, Los Suenos Resort

1-866-525-2188

Los Suenos Marriott Ocean and Golf Resort

1-855-297-1426; +506 2630 9000

Zephyr Palace

+506 2637 0505

Airport transfer contact

Pedro: 1-866-525-2188

Tourist information and general assistance: 192

For help with dialing overseas: 124

International collect: 175

Domestic directory assistance: 113

Taxis

Coopetico 2224 7979

Alfaro 22218466

Taxis Unidos Aeropuerto 2221 68652

Medical

There are emergency facilities in the Jacó & Los Suenos area as well as a large fleet of Ambulatory and Paramedic services. All local Pharmacies are staffed with a full time M.D. Check the U.S. Center for Disease Control website at www.cdc.gov/travel for the latest travel advisories and disease information on your travel destination.

The Los Sueños CARE Clinic provides emergency treatment and preventative medical consultations. It is located within the resort property, and is open from 8:00 a.m. to 5:00 p.m., seven days a week. Multilingual doctors are also on call 24-hours to attend to patients. If further treatment is required once the patient is stabilized, the Clinic will arrange

for transport to the renowned CIMA Hospital in San Jose via its new, fully-equipped ambulance or by private airlift if required.

Clinic: 2637-8610

House: 2630-4460

Fax: 2637-8608

Radio Frequency 2 "Eco 1" or "Eco 2"

Emergency/Police

Call 911 or go in person to the nearest police station

It's sometimes faster to call the Costa Rican Red Cross (128) if you need emergency medical care or an ambulance

United States Embassy: 2220 3939

The medical services in Costa Rica are so good, and reasonably priced, that dental & medical tourism here has become a very big industry in the past few years.

10. Schedule

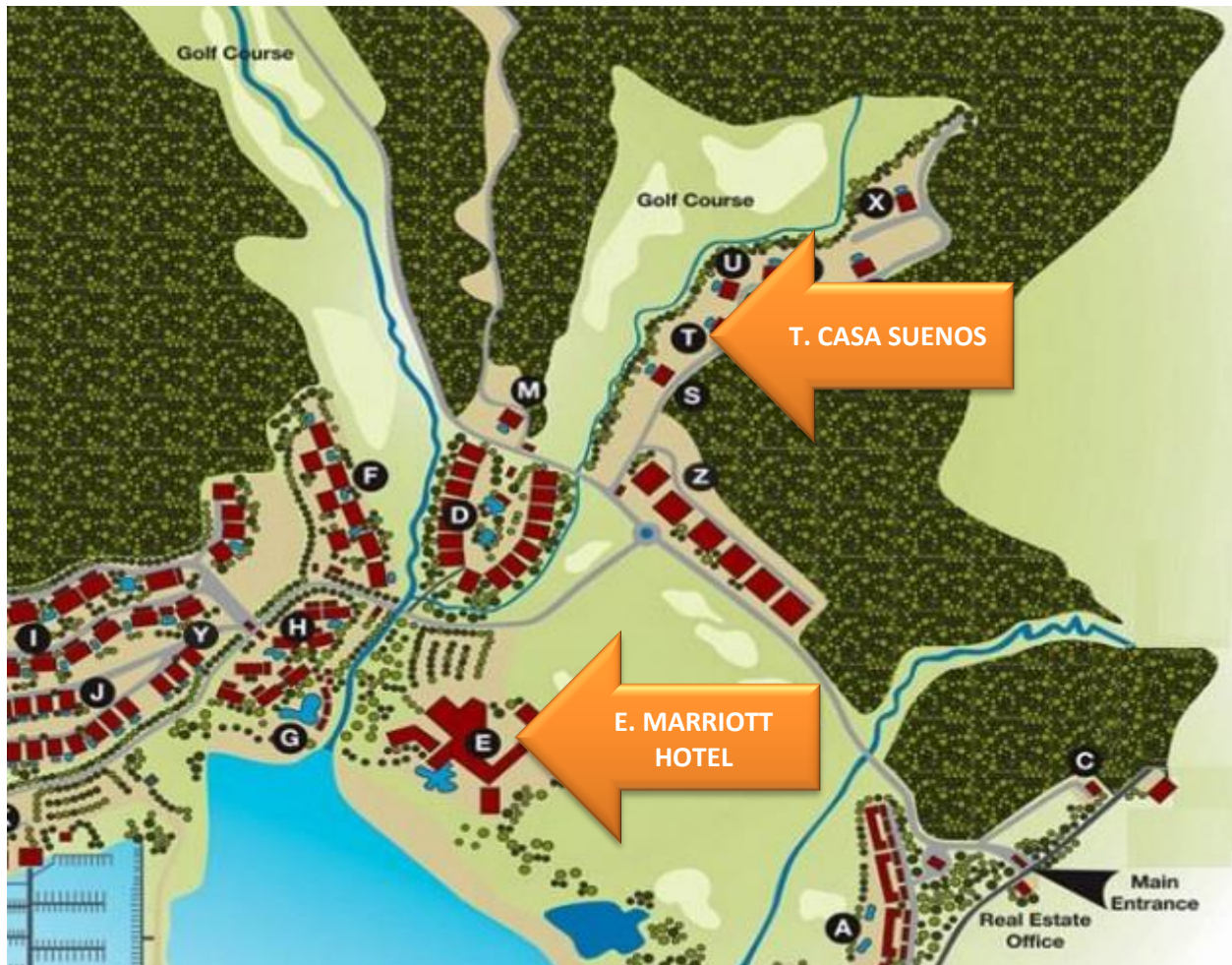
Friday, August 22, 2014	
WELCOME	<p>We're so glad you made it! Come have a drink and some small bites at Casa Suenos, on the Los Suenos Resort and Marina.</p> <p>Ask concierge to bring you in a golf cart from the Marriott Hotel or any of the CR Luxury Villas, OR take a nice (rather long) evening stroll to the Casa Suenos villa.</p>
LOCATION	<p>Villa - Casa Suenos on the Los Suenos Resort</p> <p>See Map, next page</p>
TIME	6:00PM to 9:00PM
DRESS	Informal: separates, blazers, khakis, sun dresses, slacks, swimsuits or whatever you like!
Saturday, August 23, 2014 -- Schedule for transport to ceremony and reception	
3:15 PM	Shuttle service to Zephyr Palace begins
4:15PM	Wedding ceremony begins
9:30PM	Shuttle service back to Los Suenos begins
10:00PM	Ceremony Ends
10:30PM	Last Shuttle back to Los Suenos from Zephyr Palace
DRESS	<p>Our wedding is semi-formal, but anything you want to wear is sure to be ok. We invite guayaberas, international flair or whatever's preferred when you're looking nice and feeling comfortable. The bride requests that you refrain from wearing a wedding dress, but if that's really all you have...bring it!</p>

Fall in love with Costa Rica

- An inspirational example of a country that proudly lacks a military force
- An evolving ecological consciousness and desire to be the leader in Eco-tourism
- Large quantity of natural reserved & protected areas and popular carbon exchange programs
- Spectacular scenery--beautiful beaches, rainforests, volcanoes, endless variety of flora and fauna and wildlife
- Adventure sports both day and night
- Incredibly friendly and warm-hearted people known as Ticos (males) and Ticas (females)

11. Resort maps

Casa Suenos Villa, Friday August 22, 2014 at 6PM



- A. Del Mar Condominiums
- B. Bay Residence at Del Mar
- C. Care Clinic
- D. Colina Condominiums
- E. Los Suenos Marriott Hotel
- F. Veranda Condominiums
- G. Los Suenos Beach Club
- H. Bella Vista Condominiums
- I. Marbella Condominiums
- J. Malibu Villas
- K. Marina Village / CR Luxury Rentals
- L. Charter Deck
- M. Casa Dome
- N. Casa Cielo Azul
- O. Casa Pacifica
- Q. Casa Puesta del Sol
- R. Casa Marlin
- S. Harmon Estate
- T. Casa Suenos
- U. Casa Campana
- W. Casa de mi Hermano
- X. Casa Oasis
- Y. Riviera Villas
- Z. Vista Bahia Condominiums

August 22-23, 2014
Pura vida today
Dana and Mike forever ♥
CR expedition

Los Suenos Resort Map

